

# **Sound Advice**

**Presented by:  
The Canadian Hard of Hearing Association  
North Shore Branch**

**When we meet, we discuss topics  
and issues dealing with hearing loss.  
We look forward to seeing you there.**

**West Vancouver Seniors' Centre Sound Advice sessions  
will be held as online Zoom meetings on the First Friday  
of each month at 10:00 AM.**

**To receive an invitation to join the meetings, please send an  
email to [chhansb475@gmail.com](mailto:chhansb475@gmail.com) to be added to the list.**

**Silver Harbour sessions will be held as in-person meetings  
on the last Monday of each month at 10:00 AM.**

**Silver Harbour Centre is located at 144 22nd Street in  
North Vancouver**

**There are no meetings in July & August**

**Subjects to be addressed include:  
Technology;  
Speechreading;  
Coping Strategies;  
Improving Hearing Environments**

**For Information call:  
604-926-5222**