

Living Successfully With Hearing Loss

Student Testimonials

Going on the hearing loss journey alone is a choice, and not a good one. There's real value in sharing the journey, experiences and lessons learned with others.

The course has been extremely valuable as it provides both the tools to identify the problem and tools to address the problem.

Although I registered to "support" my partner, I am certain I got as much value as he did.

Having sudden unilateral hearing loss and not really knowing much about it made me feel uncomfortable in group settings and noisy environments. The tools and strategies I have taken from this course has helped me become more confident and assertive in various situations.

I only wish I hadn't been so stubborn in my 20's and early 30's and signed up for this at the first signs of hearing loss... rather than wait for it to have become a problem first.

Assertiveness helps move emotions aside. I have had ongoing unrealistic expectations of how I "should" hear this has caused much disappointment, heartache, and even lower self-esteem. The class has helped me move into yet another stage of acceptance.

Without it I would not have been able to advocate for myself. I had been dealing with hearing loss and isolation for a number of years. Being a demographic that doesn't have as many resources for hearing loss (40s and working), this was instrumental in helping me continue to work and support my family, and be more connected to my community.

This is an essential course for anyone with hearing loss.



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